

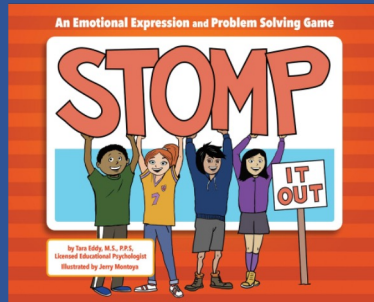
Perspective Taking Resources for Parents & Educators

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1

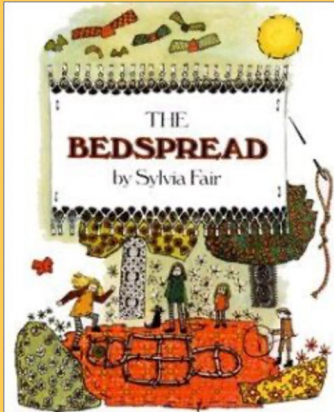
Resources/Activities for Primary School

*BEST IN PAIRS OR A SMALL GROUP

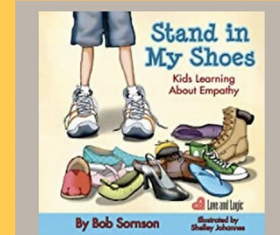
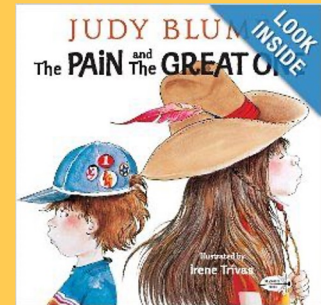


2

6 BOOK RECOMMENDATIONS FOR PRIMARY SCHOOL CHILDREN



1. Stand in My Shoes
2. The Pain and the Great One by Judy Blume.
3. The True Story of the Three Little Pigs by Jon Scieszka.
4. The Bedspread by Sylvia Fair.
5. Bea and Mr. Jones by Amy Schwartz.
6. Through Grandpa's Eyes by Patricia MacLachlan.



3

Perspective Taking Book Descriptions (Primary School)

The Pain and the Great One - Judy Blume:

This picture book is written from two perspectives and in two parts. The older sister ("The Great One") thinks her younger brother is a bothersome pain who gets way too much parental attention. The younger brother ("The Pain"), from his perspective thinks his sister gets too much love just because she's older.

The True Story of the 3 Little Pigs by Jon Scieszka.

The wolf gives his own outlandish version of what really happened when he tangled with the three little pigs.

The Bedspread by Sylvia Fair: Elderly sisters embroider the home of their childhood at both ends of a white bedspread. Each depicts the home as she remembers it with surprising results. The book's message is that everyone has a different viewpoint and there may be no one correct view.

4

Perspective Taking Book Descriptions (Primary School)

Bea and Mr. Jones by Amy Schwartz. Tired of kindergarten, Bea Jones trades “jobs” with her father who works in an office. Just a great conversation starter .. whether it’s switching roles with the principal, teachers, dad, mom, brother, sister ... to help kids see things from another side.

Through Grandpa’s Eyes by Patricia MacLachlan. A young boy learns a different way of seeing the world from his blind grandfather. Touching!

5



Defining the 5 Steps of Being with Others, by Michelle Garcia Winner

Step 1: I notice the social situation and the people in it. I am also aware that you are doing the same thing.

Step 2: In each social situation, I am aware that I am thinking about you and that you may be thinking about me.

Step 3: I think about why you and others are here, what each of you are thinking or feeling, what you are doing, and/or why you may be doing it. I am trying to figure out your motive, intention, or plan.

Step 4: I also realize you may be thinking about (or just noticing) me (and others in the situation), why each of us is in the social situation, what we each may be thinking, feeling, or planning, based on what I or others say or do to try and figure out our motives, intentions, or plans.

Step 5: I monitor and possibly adjust what I do or say to try to keep you thinking and feeling about my actions in the way I want you to, based on my own social goals for the situation and the expectations you have for me in this context. You are likely monitoring and possibly adjusting what you do or say to me.

6

Resources for Secondary School Children/Teens

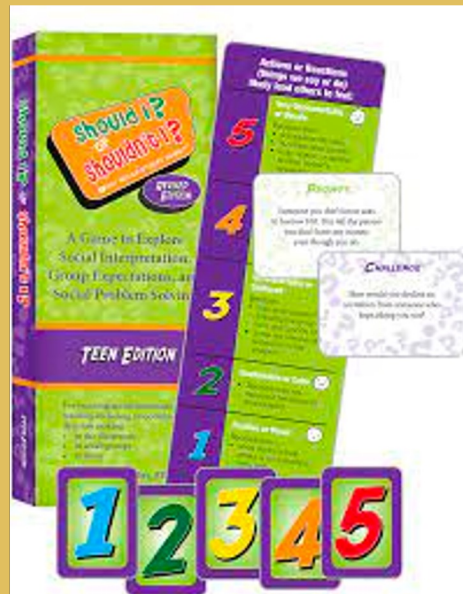
7

ACTIVITIES TO ILLUSTRATE & PRACTICE PERSPECTIVE TAKING

https://creducation.net/resources/perception_checking/What_Do_You_See_Activity_OCDRCM.pdf



First published as "My wife and My Mother-in-Law" in Puck, 1915. Designed by the American Psychologist E. G. Boring.



8

ACTIVITY TO ILLUSTRATE PERSPECTIVE DIFFERENCES: (Cognitive perspective taking)

Write the word OCEAN down on a piece of paper. Ask everyone present to close their eyes for just one minute and let their senses take over as they imagine the OCEAN - see it, hear it, feel it, smell it.

Ask everyone to write or share their thoughts or word pictures of the ocean. How is each person's experience different?

Talk about how our personal experiences filter what we see, hear and imagine and we all have slightly different filters that help us make sense of the world. Our perceptions are never EXACTLY like anyone else's.


9

Questions when Building Perspective Taking Skills

- What is the person feeling?
- What impacts how a person is feeling? Personality plays into situational evaluation but also recent occurrences..
- What actions or words indicate this feeling?
- Can you identify their feelings through words?
- What words would *you* use to describe their feelings?

10

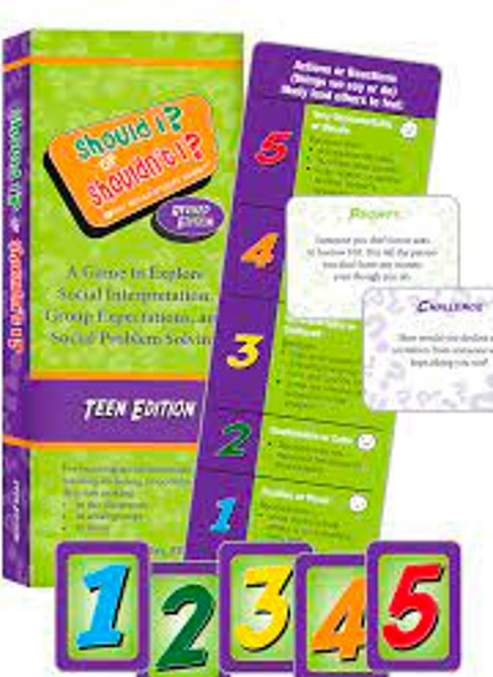
PERCEPTION PICTURE



First published as "My wife and My Mother-in-Law" in Puck, 1915.
Designed by the American Psychologist E. G. Boring.

Practice!

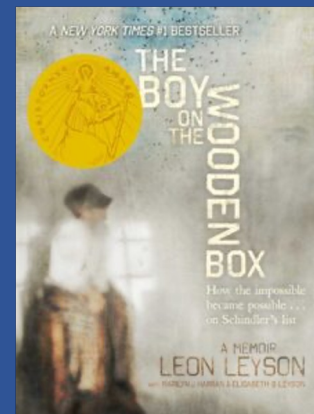
https://creducation.net/resources/perception_checking/What_Do_You_See_Activity_OCDCRM.pdf



11

5 BOOK RECOMMENDATIONS FOR SECONDARY STUDENTS

1. **Encounter** by Jane Yolen.
2. **Paperboy** by Vince Vaxter.
3. **The Boy on the Wooden Box** by Leon Leyson.
4. **Dear Bully: 70 Authors Tell Their Stories.**
5. **Grapes of Wrath** by John Steinbeck.



12

Perspective Taking Book List for Teens

Encounter:

A Taino Indian Boy on the island of San Salvador recounts the landing of Columbus and his men in 1492. While most stories about the first encounter are from Columbus' point of view, Yolen thought it would be interesting for readers to hear a Taino boy speak.

Paperboy by Vince Vaxter. Coming-of age book teaches empathy and courage.

Boy on the Wooden Box: A moving memoir of a Holocaust survivor on Schindler's List.

Powerful! "Can you imagine living through those times? Why do you think he didn't want anyone to know? What would you have done?" There is also a movie version.

Dear Bully: 70 Authors Tell Their Stories. Kids, teens and authors share personal bullying experiences. "Put yourself in her shoes. How would you feel? What could you do?"

Grapes of Wrath: Emotionally-charged book brings depression to life. "How would you feel if you had to live through those times?"